



## Principal's Message

principal@olmcsunbury.catholic.edu.au

53 Macedon Street , Sunbury 3429

9740 7344

Dear Families,

At Our Lady of Mount Carmel Primary School, we recognize the invaluable role mothers play in shaping the lives of our students. They are our first teachers, imparting lessons of compassion, resilience, and faith. Whether through tender bedtime stories, comforting embraces, or encouraging words, mothers provide unwavering support that shapes the character and dreams of their children.



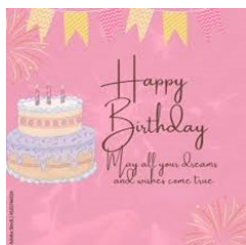
As we prepare to celebrate Mother's Day, let us reflect on the virtues exemplified by the Blessed Virgin Mary, the ultimate symbol of maternal love and devotion. Like Mary, mothers embody strength in adversity, grace in times of challenge, and boundless love that knows no limits.

This morning we hosted a special prayer time in the church to honour the remarkable women in our lives. This was followed by activities in the classrooms that celebrated the unique qualities of mothers. Thank you to all of the special guests who joined us today and to Nelson Graham and the teachers who spent time planning and implementing these sessions. Thank you also to 1/2R and the choir who sang so beautifully. I know there was hardly a dry eye in the church listening to the beautiful words of "When God Made You My Mother".



We also extend our thoughts and prayers to those who may find Mother's Day difficult due to the loss of a mother or the absence of a maternal figure. May you find solace in the cherished memories and enduring love that continues to live in your hearts. May this special day serve as a reminder to cherish and honour the women who have shaped our lives with their unconditional love and unwavering support.

Wishing all mothers, grandmothers, and maternal figures a joyous and blessed Mother's Day!



Sister Jose is a very important part of the Parish of Our Lady of Mount Carmel. She is celebrating a very special occasion – her 80<sup>th</sup> birthday. On behalf of our school community, I wish Sister Jose all of God's blessings on her special day and thank her for all the work she does in our Parish.

I wish the following children a very Happy birthday as well:

Marian Abou-Eid      William Graham      Lilium Tregenza  
Hanano Marshall      Roman Cammarano      Aaron Munslow

Yesterday marked 7 years to the day that I first started at Our Lady of Mount Carmel and I feel very privileged to lead this wonderful community. Thank you for your ongoing support.

God bless,

Julie

HAPPY MOTHER'S DAY





# Student Recognition Award

<b>Prep B</b>	<b>Isla Browne</b>	For her enthusiasm and perseverance towards her learning. She has been showing such a positive attitude towards trying things that are tricky and giving it her best go. Well done Isla!
<b>Prep R</b>	<b>Jackson Ford</b>	For being a happy and friendly class member. He extends his friendship to everyone. If a Prep has no one to play with, he is the first to invite them to play with him
<b>1/2BR</b>	<b>Peiggy Boland</b>	For consistently showing kindness towards others and always completing tasks to the best of her ability. She is a caring and thoughtful person and we love having her in our grade. Congratulations...Peiggy!
<b>1/2AZ</b>	<b>Amaiya Malas</b>	For showing resilience while on the 1/2 Scienceworks excursion and displaying curiosity while discovering and exploring new ideas and knowledge. Well Done Amaiya, we are very proud of you.
<b>1/2R</b>	<b>William Graham</b>	For developing effective Mathematical strategies by making the connection between addition and subtraction and teaching others how to use the strategy to organise their thinking! You're a Maths Wizard William
<b>3/4CT</b>	<b>Eden Cacioli</b>	For using the learning disposition of creativity when creating a map of your town and writing an amazing persuasive text explaining all the services and facilities it provides, and why "Eden Town" is the best town to live in. Incredible work Eden
<b>3/4D</b>	<b>Jacob Cunsolo</b>	Jacob is a person who always tries his hardest and wants to improve all of the time. He shows genuine care and compassion for his friends and is a wonderful friend to many people. Jacob, you are a fantastic role model.
<b>3/4H</b>	<b>Oliver Breese</b>	During the Mad About Science incursion, you used your knowledge of scientific language when asking insightful questions. It was great to see you so immersed in the learning. Keep up the great work, Oliver!
<b>5MP</b>	<b>Isabella Musone</b>	Isabella exemplifies the learning traits of risk-taking and self-motivation by actively engaging in the application of algorithms to solve improper fractions and mixed numbers. Keep up the amazing work Izzy!
<b>5SB</b>	<b>Joshua Muns- low</b>	For using the disposition of determination and always completing his work with a positive mindset and for always being kind to others.
<b>6C</b>	<b>Hunter Stott</b>	For successfully using the reading strategy of 'Character Analysis' to write a four paragraph reading response about the transformation of the character Ally in the novel 'Fish In A Tree'. Keep up the great reading and writing!
<b>6FP</b>	<b>Amaronte Schuli- ga</b>	For displaying the disposition of self motivation, by being an incredibly dedicated and engaged learner and always pushing herself to be her best. You are an inspiration to your peers Ammie!

## PTFA News

Wishing our wonderful mums a Happy Mother's Day for this Sunday.

We had some very excited shoppers at our Mother's Day stall yesterday! A huge thank you to our parents that helped make our stall run very smoothly and help prepare for our special celebration this morning.

We are looking forward to seeing some of you tomorrow evening at our Mum's Night Out. If you are catching the bus please make sure you are on time for a prompt departure at 6.20pm.

Watch this space for our upcoming FUN FOOD DAY on Wednesday May 29th.

Courtney!



## Upcoming Dates:

- 9<sup>th</sup> May – Sunbury Rotary Spelling Bee – Good luck, Ashton Falzon-Pout!!
- 10<sup>th</sup> May – Mum's night out
- 10<sup>th</sup> May – District Cross Country
- 13<sup>th</sup> May – Year 5s visiting Salesian College
- 17<sup>th</sup> May – Confirmation Reflection Day for Year 6s
- 19<sup>th</sup> May – Sacrament of Confirmation 4pm at St Patrick's Cathedral
- 21<sup>st</sup> May – Teeth on Wheels Dental Van visiting for free check ups
- 21<sup>st</sup> May – Salesian College Information Night for 2025 Year 7s
- 27<sup>th</sup> May – School closure day – Faith formation for OLMC Staff
- 29<sup>th</sup> May—Fun Food Day

Dear Families,

### Final Reminder

We have Teeth On Wheels visiting our school for dental check-ups and oral health education starting the 21/05/2024.

Click the link below to sign your child up - IT MIGHT BE FREE!

<https://teethonwheels.com.au/consent-forms/consent-eform/>

**CUT OFF DATE FOR COMPLETING YOUR CHILDS FORM IS ON THE 14/05/2024.**

Please complete your form today and the Teeth On Wheels team will be in contact to schedule your child's appointment and notify you if your child's eligible for **FREE** dental care through the Child Dental Benefit Schedule.

Any further questions, please contact the Teeth On Wheels team on (03) 9338 1191.

Kindly [Press Here](#) for a step-by-step instruction on how to sign-up!



**LAST CHANCE**  
To complete your form

Complete your E-form today and a Teeth on Wheels team member will contact you if your child is eligible for **FREE DENTAL CARE!**

**CLICK OR SCAN THE QR CODE TO COMPLETE YOUR FORM**



TeethOnWheelsAustralia #teethonwheels Phone: (03) 9338 1191 Email: info@teethonwheels.com.au



## Diversity & Wellbeing News

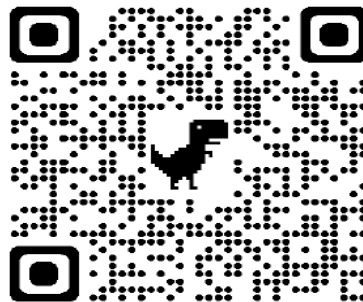
Introducing 'Early Leaps' OT, offering mobile services to Sunbury.

Current vacancies.



## Occupational Therapy Appointments Now Available!

For appointments complete an 'appointment request' at  
[www.earlyleapstherapy.com.au](http://www.earlyleapstherapy.com.au)



**Any queries please contact us**

[info@earlyleapstherapy.com.au](mailto:info@earlyleapstherapy.com.au) / 0420 534 408

Clinic Location - 4B Pyke Street Werribee 3030

*We are a team of experienced Occupational Therapists. We provide clinic and mobile Occupational Therapy services. We use neuro-diversity affirming approaches when working with families. Medicare and NDIS funding accepted.*

As part of our ongoing relationship with **The Resilience Project** we are able to offer our families the opportunity to attend an online event with parenting educator and author Lael Stone.

This Connected Parenting Webinar offers a valuable set of tools for parents and carers aiming to raise children through positive connections and communication. Tips for parents and carers will include;

- Guiding our children to become resilient adults.
- Practical strategies to build stronger connections with your children.
- Ideas to support your children when they are frustrated or going through challenging situations.
- Simple ways to create co-operation.
- Dealing with our own triggers as a parent.
- Understanding big emotions and feelings and assisting your kids in becoming emotionally resilient.

Lael Stone is an author, TEDx speaker, counsellor and parenting educator who specialises in navigating trauma and disconnection in families. She has spent the last 17 years working with families, as well as running programs in Secondary schools for teens on relationships and Well-being. She is a mother of three grown up children and the co-founder of Woodline Primary School - a new innovative school focused on supporting emotional intelligence in children.

Event: Monday 3rd June from 6.30-7.45pm.

Registration is essential! Please use this link to secure your place.

[https://au01web.zoom.us/meeting/register/u5wlfumtrz4rHNWb-AjF\\_vUEZkj4VrHep3h](https://au01web.zoom.us/meeting/register/u5wlfumtrz4rHNWb-AjF_vUEZkj4VrHep3h)



**PARENT & CARERS**



## Connected Parenting Webinar

<b>AUDIENCE</b> Parents & Carers	<b>TIME &amp; DURATION</b> 75 minutes	<b>FORMAT</b> Online Webinar
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### ABOUT THIS WORKSHOP

This Connected Parenting webinar with educator and parenting expert, **Lael Stone**, offers a valuable set of **tools for parents/carers** aiming to raise children through **positive communication**.

Presented to you and other schools, parents/carers will leave this session with:

-  Practical strategies to build cooperation and stronger connections with children.
-  Ideas to support children when they are facing adversity.
-  Ways to assist children in building emotional resilience.
-  Tips to deal with our own triggers as parents or carers.



## Our Lady of Mount Carmel Canteen Roster Term 2 2024

19 <sup>th</sup> April	Tracey Kilkenny Emma Clements Natalie Xerri	24 <sup>th</sup> May	Emma Clements Sarah Vanvitelli Kelly Xerri
3 <sup>rd</sup> May	Danni Wadden Hedley Duhau Fran Mackay	31 <sup>st</sup> May	Jess Peddar Nikki Munslow Jessica Schembri
10 <sup>th</sup> May	Danni Spiteri Nicole Petrie Simone Cutajar	7 <sup>th</sup> June	Mel O'Neill Chris O'Neill Danni Bekker
17 <sup>th</sup> May	Erin Thompson Irene Wishart Michelle Shalders	14 <sup>th</sup> June	Tracey Kilkenny Lucy Evans Shanie Duhau
		21 <sup>st</sup> June	Kelly Xerri Nat Grant Nikki Munslow

Thank you for volunteering to help in the canteen, it would be impossible without you. Please arrive at the canteen at 10.00am your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your current WWC.

If you are unable to attend your rostered day please SMS Sylvana on 0412429600 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sylvana Doricic



We are pleased to advise that OLMC now has Centrepay available for fee payments.

If you have a Centrelink account you can set up a deduction for School fees by one of the following ways:

- \*via your Centrelink online account via MyGov
- \*using the Express Plus Centrelink mobile app
- \*by contacting the Agency

The minimum Deduction amount for Centrepay is \$10.

For further information, please contact Melissa Bonavia at the School Office.

# Let's build an amazing Term 2 together!

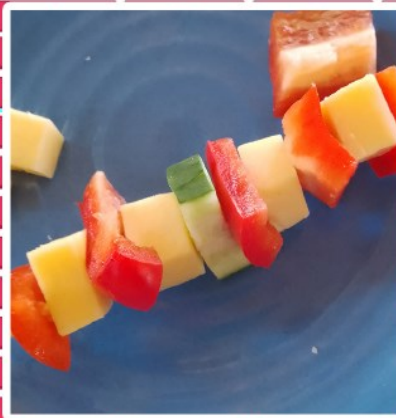


VillageOSHC is creating an exciting new term of affordable and convenient Outside School Hours Care!

The theme for VillageOSHC in Term 2 is:  
**Building Strong Friendships!**

Forge new bonds through a fun program consisting of group activities, arts, science, ball and sport games, healthy snacks and a supportive environment where strong friendships are built every day!

We look forward to welcoming your children into our



**Enrol and Book for Term 2 at [VillageOSHC.com.au](http://VillageOSHC.com.au)!**



**OFFICIAL UNIFORM SUPPLIER TO**  
**OUR LADY OF MOUNT CARMEL PRIMARY SCHOOL**  
**PRICE LIST VALID TO 30<sup>TH</sup> JUNE 2024**

Uniform	Sizing	Price
Pullover - Bottle	55-75	\$80.50
	80+	\$83.95
White short sleeve shirt Classic	29-42	\$34.95
White short sleeve shirt Tailored	4-20	\$34.95
White long sleeve shirt Classic	29-42	\$37.95
White long sleeve shirt Tailored	4-20	\$37.95
Academic Trouser – Navy TROUS134	4-18	\$42.95
Tailored slacks – Navy Wool Blend	4-16	\$66.00
Academic Shorts – Navy SHT-230	4-16	\$29.95
Tailored Shorts – Navy Wool Blend	4-14	\$55.50
Dress – Green/white check	4-18	\$49.50
Tunic – Green check	4-18	\$65.00
Short sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$29.00
Long sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$32.00
Sport Shorts – Bottle	4-18	\$25.50
Skort – Bottle	4-16	\$27.00
Track pant with cuff – Bottle	4-16	\$31.95
Track pant straight leg- Bottle	4-16	\$31.95
Softshell Jacket – Bottle	4-14 & XS-M	\$69.95
Qtr Zip Top	4-14 & XS-2XL	\$59.95
Rugby top – Bottle/Gold	4-14 & XS-2XL	\$70.00
Bucket Hat – Bottle/Gold w logo	XS, S, M, L	\$15.50
Legionnaires Hat – Bottle w logo		\$15.50
Slouch Hat – Bottle w logo	XS, S, M, L	\$15.50
Beanie – OLMC Pom Pom	OSFA	\$24.95
Backpack with logo		\$58.95
Library Folio - Bottle		\$12.95
Art Smock – Bottle or Navy		\$23.00
Ankle Socks – 2Pk		\$14.95
Knee Hi socks – Navy		\$10.50
Cotton Tights - Navy		From \$23.95

**Uniform is available from the Salesian College Sunbury  
campus Uniform Shop**

**Salesian College Uniform Shop Trading Hours:**

**Monday** 8.00am – 12.00pm  
**Wednesday** 8.00am – 12.00pm  
**Friday** 9.00am – 12.00pm and 1.00pm – 5.00pm  
**Ph:** 9740 4831

All prices are subject to change without notice

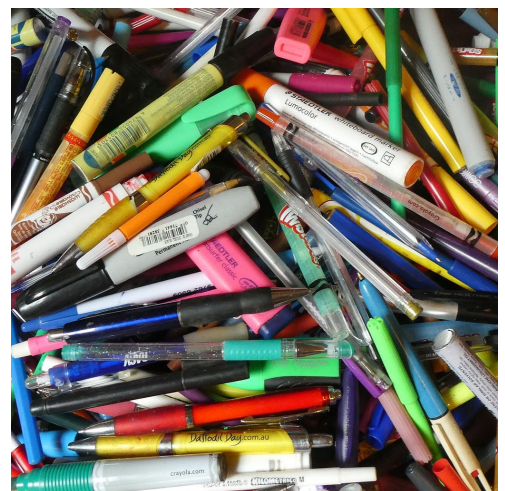
## HAVE YOU SEEN THE OLMC RECYCLING CENTRE?

IT'S LOCATED IN THE SCHOOL OFFICE FOYER.



**WE ARE NO LONGER COLLECTING BREAD TAGS**  
BUT ARE STILL COLLECTING OLD PENS AND TEXTAS,  
USED BATTERIES, ANY ORAL WASTE PACKAGING AND MEDICINE  
BLISTER PACKS.

**Lets do our bit and help save the planet—it's easy, just  
collect these items and drop them in at our Recycling bins**



# Community News

Raising resilient, healthy children and young people in Hume | Term 2 & 3 | 2024  
Information sessions for parents and carers

FREE EVENTS



HUME CITY COUNCIL  
**Youth**  
services



### Supporting your Neurodivergent Child

This session targets parents/carers of children aged 10 and up. Some topics that will be explored include:

- What is disability?
- Affirming language

**Greenvale West Community Centre:** 7 Ventura Way, Greenvale, 3099 (Training room)

Thursday 6 June  
5:30pm – 7:00pm

Facilitator: YDAS



### Raising Resilient Kids

This session targets parents/carers of children aged 5 to 12 years old

- Get a clear understanding of resilience and coping with life's setbacks.
- Learn how to build and foster resilience in your child.
- Learn strategies to help your child bounce back from adversity.

**Greenvale West Community Centre:** 7 Ventura Way, Greenvale, 3059 (Training room)

Thursday 25 July  
10am – 12:00pm

Facilitator: ParentZone, Anglicare



### Managing anxiety in your child (2-10 years)

This session targets parents/carers of children aged 2 to 10 years old.

We understand managing anxiety in children requires patience, understanding, and consistent support. By creating a safe and nurturing home environment, this enables a space where your child can openly express their emotional needs and learn how to regulate themselves.

**Online Webinar**

Tuesday 6 August  
10am – 12:00pm

Facilitator: ParentZone, Anglicare



### Setting Healthy Boundaries

This session targets parents/carers of school aged children.

Topics to be explored include:

- Creating and maintaining healthy boundaries using positive approaches
- Punishment vs Discipline
- Boundary setting at home

**Online Webinar**

Wednesday 29 August  
6pm – 7:30pm

Facilitator: ParentZone, Anglicare

To register or for more information, visit our website via the QR code or type the url provided

Have a question? Let's talk! email [youth@hume.vic.gov.au](mailto:youth@hume.vic.gov.au) or phone 9205 2556.



[www.hume.vic.gov.au/parent-carer-workshops](http://www.hume.vic.gov.au/parent-carer-workshops)



HUME CITY COUNCIL  
**Youth**  
services

## Raising resilient, healthy children and young people in Hume | Term 2 & 3 | 2024

Information sessions for parents and carers

FREE EVENTS



### Raising Resilient Teens

A session targeting parent and carers with children aged 12-17 years of age.

Increase your knowledge in:

- Responding to your child's fears, worries in a productive way
- Connect with and understand your child.
- Building your child's resilience and nurture a positive self-view
- Explore opportunities to build their self-confidence.

**Online**

Thursday 2 May  
6pm – 7:30pm

Facilitator: ParentZone, Anglicare



### School Refusal (Primary school aged children)

This session targets parents/carers of Primary school aged children

Increase your knowledge in:

- Understanding your child who may be anxious about going to school.
- Understanding what makes it tricky for them.
- Learning additional strategies about ways you can help.

**Greenvale West Community Centre:** 7 Ventura Way, Greenvale 3059 (Community room 2)

Tuesday 7 May  
10am – 12:00pm

Facilitator: ParentZone, Anglicare



### School Refusal (Secondary school aged children)

This session targets parents/carers of Secondary School aged children.

The first 12 people to register will be offered a spot in the session.

Register your Expression of Interest for the afternoon or online evening session.

**Homestead Community and Learning Centre:** 30 Whiltshire Drive, Roxburgh Park 3064

Tuesday 14 May  
1pm – 2:30pm

(Face to Face)  
6pm – 7:30pm (Online session)

Facilitator: ParentZone, Anglicare

[www.hume.vic.gov.au/parent-carer-workshops](http://www.hume.vic.gov.au/parent-carer-workshops)



HUME CITY COUNCIL  
**Youth**  
services

HUME CITY COUNCIL

## Primary School Refusal Session

This free workshop provides information and strategies to parents/carers to help with this ever-increasing issue.

Increase your knowledge in some of the following areas:

- understanding your child who may be anxious about going to school
- learning additional strategies about ways you can help
- being aware and manage your own emotions about refusal

Date: Tuesday the 7th May

Time: 10am-12pm

Location: Greenvale West Community Centre, 7 Ventura Way, Greenvale



Registrations are essential, to book scan QR code or visit [hume.vic.gov.au/parent-carer-workshops](http://hume.vic.gov.au/parent-carer-workshops)



PARENTZONE

HUME CITY COUNCIL  
**Youth**  
services



# Please join us for the Official Opening of the Sunbury Little Athletics Track



Saturday June 1

Formalities begin at 10.00am  
With Food Trucks and Entertainment

Eric Boardman Memorial Reserve  
222 Mitchels Lane, Sunbury

## YEAR 7 2026 APPLICATIONS

Salesian College Sunbury



### TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with Our Lady of Mount Carmel. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family.  
Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2026? Applications are being accepted and close on Friday 16 August 2024.

[Visit our website, or click here to apply.](#) The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a [virtual tour](#) where you can explore what makes us so unique and 'A Home that Welcomes'.

First round interviews for Year 7 2026 places will be conducted in early September 2024 and offers will go out on Friday 18 October, with acceptances due Friday 8 November 2024. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (03 9744 0000 - option 4).

Mark Brockhus  
Principal - Salesian College Sunbury

BOOK A TOUR



MEET & GREET



CATHOLIC SCHOOLS, ONE COMMUNITY

[salesiansunbury.vic.edu.au](http://salesiansunbury.vic.edu.au) | 03 9744 0000 | [registrar@salesiansunbury.vic.edu.au](mailto:registrar@salesiansunbury.vic.edu.au)