



Principal's Message

principal@olmcsunbury.catholic.edu.au

53 Macedon Street , Sunbury 3429

9740 7344

Dear Parents,



We are looking forward to celebrating Mother's Day with our community next week. Please check your Seesaw messages for details about what we are doing at school on the 9th May. We also have the mums' night out on the 10th May and we would love for you to join us. You are welcome to bring other mums. The details are available on Seesaw also.

Upcoming Dates:

- 8th May – Mother's Day Stall
- 9th May – Mother's Day celebration
- 9th May – Sunbury Rotary Spelling Bee – Good luck, Ashton Falzon-Pout!!
- 10th May – Mum's night out
- 10th May – District Cross Country
- 13th May – Year 5s visiting Salesian College
- 17th May – Confirmation Reflection Day for Year 6s
- 19th May – Sacrament of Confirmation 4pm at St Patrick's Cathedral
- 21st May – Teeth on Wheels Dental Van visiting for free check ups
- 21st May – Salesian College Information Night for 2025 Year 7s
- 27th May – School closure day – Faith formation for OLMC Staff

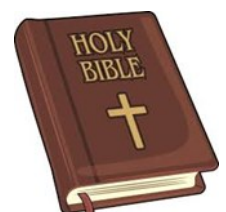
Happy birthday to everyone who is celebrating their special day this week. I hope your day is what dreams are made of.



Russell Salomon Rowan Griffiths Heidi Bell

Thomas Cartledge Xiad Sawan

This Sunday we celebrate the 6th Sunday of Easter. The Gospel comes from John 15: 9–17 and the theme is 'Live on in Christ'. To be filled with this blessing means that I will be called to love, to love all, without any exceptions, as Jesus did. My love for others must not be conditioned by how they respond. Jesus loves me totally, whether I am good or bad or indifferent. My love must have that quality too.





Food For Thought

A South Korean study has identified and compared the associations between long working hours, the use of work-related devices after hours, and anxiety symptoms. Out of the 46,055 study participants, 55.7% used work-related communication devices outside of regular working hours, 17.7% worked long hours, and 5.8% experienced anxiety symptoms.

Compared to the reference group, individuals who used work-related communication devices after hours but didn't work long hours had a higher likelihood of anxiety symptoms than those who worked long hours without using such devices after hours. Additionally, individuals who both worked long hours and used work-related communication devices after hours showed the highest likelihood of anxiety symptoms.

This has led researchers to conclude using work-related communication devices outside of working hours poses a greater risk of anxiety symptoms compared to working long hours alone and suggests when considering changes to work hours, the use of devices outside of hours should be considered.

God Bless

Julie

Report Student Absences

absent@olmcsunbury.catholic.edu.au

2024 TERM DATES

Term 1 :

Start: Monday 29th January
Finish: Thursday 28th March **(1:30pm finish)**
(Easter March 29– April 1)

Term 2 :

Start: Monday 15th April
Finish: Friday 28th June **(1:30pm finish)**

Term 3:

Start: Monday 15th July
Finish: Friday 20th September **(1:30pm finish)**

Term 4:

Start: Monday 7th October
Finish: Tuesday 17th December **(1:30pm finish)**

OLMC BELL TIMES

8.50am	First bell/move to class
11.00-11.30am	Recess time
1.30pm	Eating time
1.40 – 2.20pm	Lunch time
3.15pm	End of school day



PTFA News

Mothers' Day stall - Wednesday May 8th

Please send a shopping bag and money for your child/ren to purchase from our stall. If you have more than one child at our school, we will make sure they don't double up on the same gift. Prices range from \$1 - \$10 per gift.

Mother's Day Celebration - Thursday May 9th

All mum's and significant others are invited to attend a special morning celebration from 8.30am - 10am.

Mum's Night Out - Friday May 10th - TICKET SALES CLOSE TOMORROW

OPEN TO OTHER MUMS outside of OLMC that would like to come along and join in the fun. All tickets need to be purchased through CDFPay by 4pm Friday 3rd of May. Please advise of any dietary requirements via email @ ptfa@olmcsunbury.catholic.edu.au.

If you would like to catch the bus to and from the venue this option is available. Details will be out ASAP regarding this once ticket sales are confirmed.

Don't forget your gold coins for our wonderful raffle prizes!!!

SAVE THE DATES

TERM TWO 2024

WEDNESDAY MAY 8th

Mother's Day stall

THURSDAY MAY 9th

Mother's Day Celebration

FRIDAY MAY 10th

Mum's Night Out

WEDNESDAY MAY 29th

Fun Food Day

FRIDAY JUNE 21st

Cake Stall



Mum's Night Out
COCKTAIL PARTY

FRIDAY
MAY 10TH
7PM - 11.30PM

Glen Erin at Lancefield
200 Rochford Rd, Lancefield

\$65

payable via CDFPay (limited tickets available)
Includes canapes, entertainment & prizes
Drinks & cocktails available at bar prices

DRESS : Cocktail

RSVP May 3rd via CDFPay payment

Buses will be available at an additional cost (details TBC)



Mother's Day

CELEBRATION

ALL MOTHERS & SIGNIFICANT
MOTHER-LIKE FIGURES
ARE INVITED TO OLMC FOR A
WONDERFUL MORNING OF
ACTIVITIES



THURSDAY MAY 9TH

FROM

8.30AM - 10.00AM

COME AND JOIN IN WITH PRAYER
IN THE CHURCH AND ACTIVITIES
WITH YOUR CHILDREN IN THEIR
CLASSROOMS



MOTHER'S DAY STALL

WEDNESDAY MAY 8TH.
CHILDREN TO BRING A SHOPPING BAG AND
MONEY TO BUY SOMETHING WONDERFUL FOR
MUM!



Our Lady of Mount Carmel Canteen Roster Term 2 2024

19 th April	Tracey Kilkenny Emma Clements Natalie Xerri	24 th May	Emma Clements Sarah Vanvitelli Kelly Xerri
3 rd May	Danni Wadden Hedley Duhau Fran Mackay	31 st May	Jess Peddar Nikki Munslow Jessica Schembri
10 th May	Danni Spiteri Nicole Petrie Simone Cutajar	7 th June	Mel O'Neill Chris O'Neill Danni Bekker
17 th May	Erin Thompson Irene Wishart Michelle Shalders	14 th June	Tracey Kilkenny Lucy Evans Shanie Duhau
		21 st June	Kelly Xerri Nat Grant Nikki Munslow

Thank you for volunteering to help in the canteen, it would be impossible without you. Please arrive at the canteen at 10.00am your assistance will be required until around 2.00pm. If you have long hair please tie it up and remember to sign in at the office with your current WWC.

If you are unable to attend your rostered day please SMS Sylvana on 0412429600 as soon as possible so a replacement can be arranged.

I look forward to seeing you all.

Sylvana Doricic



centrelink



We are pleased to advise that OLMC now has Centrepay available for fee payments.

If you have a Centrelink account you can set up a deduction for School fees by one of the following ways:

- *via your Centrelink online account via MyGov
- *using the Express Plus Centrelink mobile app
- *by contacting the Agency

The minimum Deduction amount for Centrepay is \$10.

For further information, please contact Melissa Bonavia at the School Office.

Let's build an amazing Term 2 together!

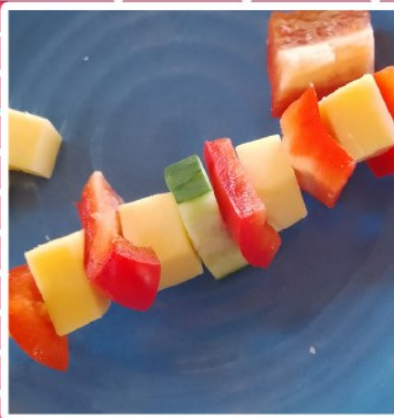


VillageOSHC is creating an exciting new term of affordable and convenient Outside School Hours Care!

The theme for VillageOSHC in Term 2 is:
Building Strong Friendships!

Forge new bonds through a fun program consisting of group activities, arts, science, ball and sport games, healthy snacks and a supportive environment where strong friendships are built every day!

We look forward to welcoming your children into our



Enrol and Book for Term 2 at VillageOSHC.com.au!



NOONE
BEST IN CLASS SINCE 1947

OFFICIAL UNIFORM SUPPLIER TO
OUR LADY OF MOUNT CARMEL PRIMARY SCHOOL
PRICE LIST VALID TO 30TH JUNE 2024

Uniform	Sizing	Price
Pullover - Bottle	55-75	\$80.50
	80+	\$83.95
White short sleeve shirt Classic	29-42	\$34.95
White short sleeve shirt Tailored	4-20	\$34.95
White long sleeve shirt Classic	29-42	\$37.95
White long sleeve shirt Tailored	4-20	\$37.95
Academic Trouser – Navy TROUS134	4-18	\$42.95
Tailored slacks – Navy Wool Blend	4-16	\$66.00
Academic Shorts – Navy SHT-230	4-16	\$29.95
Tailored Shorts – Navy Wool Blend	4-14	\$55.50
Dress – Green/white check	4-18	\$49.50
Tunic – Green check	4-18	\$65.00
Short sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$29.00
Long sleeve polo top – Bottle/Gold	4-14 & XS-2XL	\$32.00
Sport Shorts – Bottle	4-18	\$25.50
Skort – Bottle	4-16	\$27.00
Track pant with cuff – Bottle	4-16	\$31.95
Track pant straight leg- Bottle	4-16	\$31.95
Softshell Jacket – Bottle	4-14 & XS-M	\$69.95
Qtr Zip Top	4-14 & XS-2XL	\$59.95
Rugby top – Bottle/Gold	4-14 & XS-2XL	\$70.00
Bucket Hat – Bottle/Gold w logo	XS, S, M, L	\$15.50
Legionnaires Hat – Bottle w logo		\$15.50
Slouch Hat – Bottle w logo	XS, S, M, L	\$15.50
Beanie – OLMC Pom Pom	OSFA	\$24.95
Backpack with logo		\$58.95
Library Folio - Bottle		\$12.95
Art Smock – Bottle or Navy		\$23.00
Ankle Socks – 2Pk		\$14.95
Knee Hi socks – Navy		\$10.50
Cotton Tights - Navy		From \$23.95

Uniform is available from the Salesian College Sunbury
campus Uniform Shop

Salesian College Uniform Shop Trading Hours:

Monday 8.00am – 12.00pm
Wednesday 8.00am – 12.00pm
Friday 9.00am – 12.00pm and 1.00pm – 5.00pm
Ph: 9740 4831

All prices are subject to change without notice

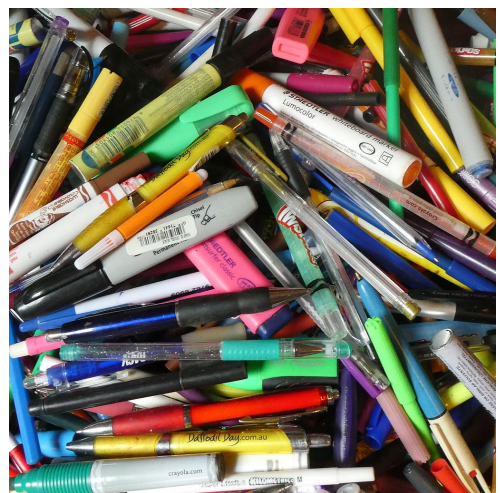
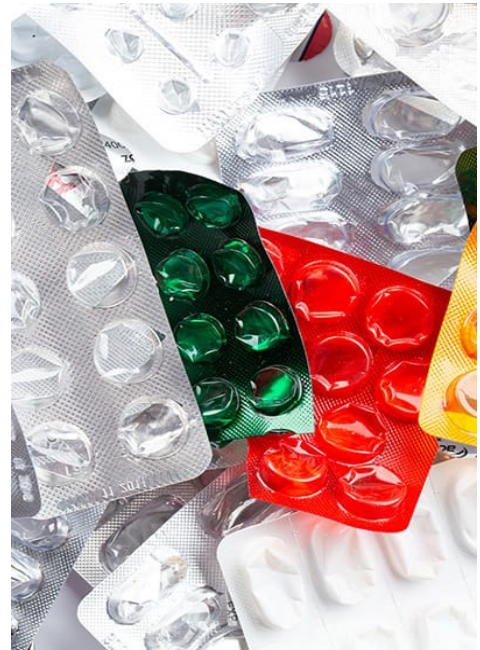
HAVE YOU SEEN THE OLMC RECYCLING CENTRE?

IT'S LOCATED IN THE SCHOOL OFFICE FOYER.



WE ARE NO LONGER COLLECTING BREAD TAGS
BUT ARE STILL COLLECTING OLD PENS AND TEXTAS,
USED BATTERIES, ANY ORAL WASTE PACKAGING AND MEDICINE
BLISTER PACKS.

**Lets do our bit and help save the planet—it's easy, just
collect these items and drop them in at our Recycling bins**



Community News

YEAR 7 2026 APPLICATIONS

Salesian College Sunbury



TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with Our Lady of Mount Carmel. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family. Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2026? Applications are being accepted and close on Friday 16 August 2024.

[Visit our website, or click here to apply.](#) The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other information.

Our website also features a [virtual tour](#) where you can explore what makes us so unique and 'A Home that Welcomes'.

First round interviews for Year 7 2026 places will be conducted in early September 2024 and offers will go out on Friday 18 October, with acceptances due Friday 8 November 2024. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (03 9744 0000 - option 4).

Mark Brockhus
Principal - Salesian College Sunbury

BOOK A TOUR



MEET & GREET



CATHOLIC SCHOOLS, ONE COMMUNITY

salesiansunbury.vic.edu.au | 03 9744 0000 | registrar@salesiansunbury.vic.edu.au

Are you our new Dads' Group Facilitator? Sunbury Neighbourhood House

We're seeking a caring individual to join us as a Dads' Group Facilitator. If you have a passion for supporting Dads and Father-like-figures of 0-5 year olds, creating a peer-to-peer supportive community, we want to hear from you.

Suitable Dads and Father-like-Figures are highly encouraged to apply, if you are not sure, please call to discuss before the closing date.

Details on how to apply are provided in the link below. Don't miss this chance to make meaningful connections and support dads on their journey!

Closing date: May 16th 2024 Feel free to share this opportunity with anyone who might be interested!

<https://www.sunburyhouse.com.au/job-opportunity/>